



## COVID-19 policy

During the current Covid 19 pandemic and in order to ensure your safety and that of our team, please make sure you are familiar with the following policy:

The purpose of this document is to provide clear and concise information to patients regarding the procedures in the clinic so we can all help limit the risk and protect fellow patients and practitioners.

This document is subject to change in line with the changing developments and announcements from the government. Please check regularly for updates.

### Important

If you have had or been in contact with anyone with a new persistent cough, high temperature or have lost your sense of taste or smell or have been feeling unwell in the last 14 days please contact us to postpone your appointment.

Please then follow the current government advice regarding self-isolation and self testing.

### All Align Policy:

To help protect you and our staff we have produced a set of simple patient guidelines to give you a pleasant and most of all safe visit to the clinic. We ask that

When booking an appointment, please ensure your email address and phone numbers are up to date as we will be sending pre-appointment messages with more precise details on the appointment process.

When attending the clinic please arrive on time and not early for your appointment to keep numbers in the waiting room to a minimum.

Please bring and wear your own mask/face covering . If you are unable to wear a mask, please wear a face covering, if this is not possible please inform and discuss this with your practitioner at least the day before your appointment. Due to the close proximity in which chiropractors work it is important we keep all risks reduced.

We kindly ask that patients do not bring friends or family to appointments unless required as a chaperone or for assistance.

Please use hand sanitisers on entering and exiting the building.

Please leave as many accessory items in the car/at home as you are able to, e.g watches, jewellery, bags etc. The less there is on you, the less chance there is of contamination.

Where possible please wear clothing that allows your practitioner to see the area that is being treated and allows good flexibility. For example a strappy top for women having their neck treated, gym wear for low back treatment, shorts for knee and ankle treatment. Gowns can still be provided where necessary.

Avoid any unnecessary handling of furniture or clinic property.

Contactless payment is preferred.

A thorough risk assessment has been completed and implemented mitigating actions where necessary to reduce risk as much as possible. This includes reducing footfall through the clinic, spacing appointments, training for all practitioners and staff, increased infection control process and procedures, wearing of correct PPE and increased signage around the clinic. Our team have been fully trained on our updated infection control policies and procedures to further ensure your safety and theirs.

Your Chiropractor will be wearing the PPE as directed by our governing body. We will be wearing scrubs that will be only worn in clinic in order to limit risk of infection.